

**COURSE: FIT 566 - Topics in Rheumatology Physical Therapy**

**Credits: 6**

**Course Load: 90 hrs**

**Instructor: Paula Regina Mendes da Silva Serrão, Ph.D.**

**Course Overview:**

- a- Etiology and pathophysiology of rheumatic diseases.
- b- Physical therapy evaluation of the rheumatic patient.
- c- Influence of physical exercise on rheumatic diseases.
- d- Physical therapy for pediatric rheumatic diseases.
- e- Application of functional status and quality of life questionnaires on rheumatic diseases.

**Course Materials:**

1. DZIEDZIC, K; HAMMOND, A. Rheumatology. Evidence-Based Practice for Physiotherapists and Occupational Therapists. Churchill Livingstone – Elsevier, New York, 1st ed, 2010, 362p.
2. IMBODEN, J; HELLMANN, D; STONE, J. Current Rheumatology Diagnosis and Treatment. McGraw-Hill Medical, 3rd, 2013, 600p.
3. PINTO, ALS; GUALANO, B.; LIMA, F.R.; ROSCHEL, H. Exercício Físico nas Doenças Reumáticas. Editora Sarvier, São Paulo, 1<sup>a</sup> edição, 2011, 187p.